

**Butted Valentine Heart  
With Dot Pattern and MS Border**  
**Instructor: Christine Manges**  
**Fridays, Feb 6, 13, 20, & 27, 2026**  
**at 3pm EST over Zoom**

Braid Level: Advanced

Folds: Left or Right Opening Folds

Cost: \$90 (*\$/20/session + \$10 for handout*)

This beautiful heart has 6 butted rows of dots, a dark inner border, and an 8-strand multistrand braid. It is 28" high by 26" wide. Choose your own colors, your own Multistrand pattern, and learn to make a beautiful heart!



Supplies needed:

- Approximately 3.5 yards of wool. Choose a mix of dark and light fabrics, all the same fabric weight.
- Usual braiding supplies
- Multistrand braiding supplies:
  - MS stand or clamp (a heavy book on a table will suffice if you don't have access to one, but it is not as good as a MS stand or clamp)
    - four metal toothed 5" beak hair clips
    - a hemostat (6" is best but 5" will do)
  - Braid-aids for folding strips, OR pre-press or pre-sew your strands

Plan for Class:

Week 1	Week 2	Week 3	Week 4
<ul style="list-style-type: none"> <li>• Review heart terminology</li> <li>• Braid Row 1 with inside and outside triple corners, arranging dot pattern</li> <li>• Butt Row 1</li> <li>• Shoe-Lace Row 1, including the center triple corners</li> <li>• Begin braiding Row 2</li> </ul>	<ul style="list-style-type: none"> <li>• Review the tricky alternating lace patterns for the central triple corners</li> <li>• Lace Rows 2-4, alternating corners, using pins to assist with corner placement</li> </ul>	<ul style="list-style-type: none"> <li>• Discussion of Multistrand terminology</li> <li>• Picking a MS pattern</li> <li>• MS Braid Start</li> <li>• Braiding vs Weaving</li> <li>• Even vs Odd MS</li> <li>• Braiding MS Corners: inside, and outside</li> <li>• Fitting a MS around curves</li> </ul>	<ul style="list-style-type: none"> <li>• Review of fitting the large MS sets around each half of the heart</li> <li>• Tips for lacing on the MS: pins, outer-braid stretching</li> <li>• Butting a MS with the Diagonal Butt Method</li> <li>• Adapting this method to Even- vs Odd-numbered MS</li> </ul>
Homework: Braid and butt Rows 2-4	Homework: Braid and butt Rows 5-7; lace on as many rows as you can	Homework: Braid the MS at least long enough to include the two corners.	Homework: Finish the heart, steam press, take a photo, and send it to your teacher!