



Double-Cornered Heart with Picot Edge

Instructor: Christine Manges

Class Dates: Jan 9, 16, 23, 30, 2026: 4 Fridays at 1pm EST over Zoom

Level: Intermediate

Folds: LO or RO – all diagrams for RO will be drawn from the front of the work

Learn to braid one of the loveliest shapes for gift-giving: a heart! Although hearts can be made with either double- or triple-corners lined up along the center, this class will focus on the easier of the two: double corners. The braid is continuous, then tapered at the outer curve, and two butted rows attached. The first butted row is a solid color, and the second butted row is a picot edge that is altered to accommodate the upper and lower points of the heart. We will use the Triangle Butt method for butting both of these rows.

Class 1: Making a T-Start; braiding the first two rows. Following the pattern(s) and adapting it to your desired size. Shaping a heart.

Homework: Braid the first 3 rows.

Class 2: Lacing the rows together: Shoe-lacing for the center, and regular lacing thereafter. How to “stack” double corners. Increasing on curves. Color Changes.

Homework: Shoe-lace the center line; lace at least 3 additional rows regularly. Consider making a color change. If possible, braid up to the taper site and leave a tail of braid.

Class 3: Taper the braid. Braid and butt the solid dark inner row using the Triangle Butt method. Begin braiding the Picot Edge.

Homework: Taper the braid and add a butted solid row. Begin braiding the Picot.

Class 4: Braid and Butt the Picot Edge.

Homework: Complete the heart's picot edge; send a photo of your heart to your teacher!

Supplies: Usual braiding supplies.

Fabric: It is very tough to estimate the amount of fabric required for a heart. A heart can basically be thought of as an oval rug that is “cracked open” like an egg. My best guess at fabric requirements is for you to decide what size you would like to make in rough dimensions, and multiply the length and width (in feet) together. The answer will give you an overestimate of the amount of wool you will need, in yards.

Example: If you would like to make a small heart, about 1 foot high and 1.5 feet wide, then you will need 1 ft X 1.5 ft = 1.5 YARDS of fabric. At these small sizes, this is fairly accurate.

Example: If you would like to make a larger heart, about 4 ft wide and 3 feet high, then you will need 4 ft X 3 ft = 12 YARDS of fabric. This is an overestimate.